

# HELLO! I'M DR KALEI ROSS

Dr. Kalei Ross is a Doctor of Clinical Psychology with training in neuropsychology, an award-winning author, sensory wellness specialist, and chocolate educator. She is known for her work in neuroscience-informed, sensory-based stress regulation, helping individuals and teams recognize early stress cues and restore clarity, focus, and connection.

Blending behavioral science with experiential chocolate tasting, Dr. Ross uses cacao as a structured sensory tool to teach practical nervous-system regulation strategies that translate into everyday life and workplace settings. She is the author of the Gourmand award-winning ***In Pursuit of Purity: The Paris Chocolate Files*** and ***Stories Behind the Bar: The Dominican Republic***, books that explore culture, ethical cacao, and the human stories behind chocolate.



I can't wait to see what we  
can create in the future  
together!

*Warmly,  
Kalei*

KaleiRoss.com